

Literacy

Non-Fiction: Create a guide to being healthy.
Write instructions for making a healthy meal.
Write a food diary.

Narrative: Sequencing events from stories.
Writing own stories based on books about food and keeping healthy.

Science

Investigate parts of the human body and their purpose. Investigate which foods are healthy and what a balanced diet is. Explore the importance of exercise.

Art and design

Explore the work of artist Paul Cezanne.
Create own paintings and drawings of fruit and vegetables in this style.
Print and create collages using fruit and vegetables.

Music

Learn Harvest songs for the Harvest Festival. Listen to fitness music.
Compose a keeping healthy chant/song.

RE

Explore the Harvest Festival-
Christian and Jewish.

BIG BANG:**Orienteering****Final Product:**

Take part in a
sponsored
walk/keep fit.

Numeracy

Place value, ordering numbers,
number facts, addition and
subtraction strategies, data handling,
shape, measures including time,
problem solving.

Geography

Investigate where in the world our
food comes from.

PSHE

Keeping fit and healthy and its
benefits. Working together as a team
to create a vegetable garden.

ICT

Research exercise and healthy eating
facts and make information leaflets.
Use program to compose a 'being
healthy' song for PE.

PE

Music and movement: Create a short
keep fit sequence of movements. Devise
a cheerleading routine to music
composed in ICT and Music.
Also: Football, Rugby, Netball.

DT

Design and make a healthy
meal.
Design a school vegetable
garden.